

Government Physical Education College for Women, Hooghly
Routine for Semester IV & II classes Academic Session 2021-2022, W.E.F 07.03.2022

Day	Sem	Time							
		6:45-7:45	7:45-8:45	10:00-11:00	12:00-1:00	1:00-2:00	3:30-4:30	4:30-5:30(Free Pra)	
Monday	II	S.B	S.B	G.B/S.B.B	S.P	N.I.M	N.I.M	S.P	
	IV	G.B	G.B	S.P	N.I.M	S.R.P/B.C	S.R.P	S.R.P/N.I.M	
Tuesday	II	B.C	S.R.P/N.I.M	S.R.P/N.I.M	B.B	N.M	S.B	S.B	
	IV	S.R.P/N.I.M	B.C	S.B	S.R.P/N.I.M	B.B	B.B	B.B	
Wednesday	II	GYM	GYM	S.B	B.C/S.M	S.M	GYM	GYM	
	IV	B.C	B.C	B.C	S.M	S.B	S.B	S.B	
Thursday	II	S.B	S.B	S.B	B.B	B.C	B.B	B.B	
	IV	SOC	SOC	B.C	S.M	B.B	B.C	B.C	
Friday	II	BB	B.C	B.B	GB/S.P	B.C	GYM/S.P	GYM/S.P	
	IV	B.C	B.B	G.B/S.P	B.C	S.B.B	G.B/S.B.B	G.B/S.B.B	
Saturday	II	S.P/G.B	N.I.M/S.R.P	N.I.M/S.R.P	S.P/G.B	N.M/BB			
	IV	N.I.M/S.R.P	S.P/G.B	S.P/G.B	N.M/S.B	N.I.M/S.R.P			

Teacher's Name	Subject Alloted				Total class alloted		
	2 nd Sem		4th Sem		Theory	Practical	Total
	Theory	Practical	Theory	Practical			
S.M	Method of Teaching	Class room Teaching	Research in Phy Edn	...	3	0	3
B.B	Yoga Education	Volley Ball/Hand Ball	Kinesiology & Bio-Mech	AAHPERD	6	6	12
S.R.P	Fitness and Wellness	Track & Field	Theory of Sports and Game	PC- 405, 406	5	6	11
G.B	Sports nutrition & Wt. Management	Swimming	Measurement & Evoulutation	PC -405, 406	5	6	11
B.C	Fdn Tech. & Method of Teaching	Table Tennis	Research in Phy Edn	PC 406, 407, 408	7	8	15
N.I.M	Orgz & Admn.	Football	Measurement & Evoulutation	Adventure Sports	6	6	12
S.P	Orgz & Admn	Badminton	Statistics in Phy. Edn	Adventure Sports	6	5	11
S.B	Fitness and Wellness	PC- 205, 206, 207	Sports Management	PC 406, 407	5	8	13
S.B.B			Physiology	2	2	4
N.M	Sports nutrition & Wt. Management		Physiology, Health & hygiene	3	0	3

Girish Das
 Co-ordinator
 G.P.E.C.W. Hooghly

Shyamal
 07/12/2022
 Principal
 Govt. Phy. Edu. College for Women
 Hooghly

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 Principal
 G.P.E.C.W. Hooghly